

## **Volunteer at The Oak Project**

*We strive to create opportunities that are practical, authentic, relevant, and rewarding*

### **TIME**

Serve by spending a few hours each week or month driving a mom without transportation to the grocery store, doctor appointments or running errands

### **FOOD**

#### **Tuesday Night Group**

Serve by cooking a warm casserole dish like lasagna, chicken stuffing or a crock pot of soup for the small group meeting twice a month. We serve on average 10-15 moms and children every other Tuesday evening at 6 p.m. This service of food and delivery helps us provide a worry free atmosphere and enables the single moms to come directly after work with their children without stopping for dinner beforehand.

#### **Sunday People Day**

Serve by cooking and delivering a Sunday brunch item like biscuits, muffins, fruit tray, bagels with cream cheese, juice or coffee for our NEW Sunday People Day once a month. This monthly event allows us to develop new connections with single mothers interested in finding community.

#### **Christmas Party**

Serve by cooking and delivering warm Christmas treats like cookies, hot chocolate or appetizers for the mothers small group christmas party. This annual event allows us to present the mothers with Christmas gift cards.

### **CHILDCARE**

Serve by spending time with our toddlers every other Tuesday night during our small group meetings

### **BE A LEADER**

Serve by leading our young girls every other Tuesday night in structured activity, teaching and relationship building. On average there are 5-10 lovely girls eager to learn, laugh and play!

### **TUTOR**

Serve by tutoring our youth once a week. There is a specific need for a math tutor. Tutors are connected one-on-one for individual tutoring.

### **SATURDAY FUN DAY**

Serve by having fun once a month on Saturday with our youth. The purpose of this monthly event is to give single mothers a specific time to tend to household needs, run errands to catch a few minutes of personal time during their hectic schedule. All youth, children and volunteers will be given event tickets to explore the fun attractions and learning opportunities provided for in our local city. Events typically run 12-5 p.m.

## **DONATIONS**

### **Bicycles**

Serve by donating new bicycles for all ages (tricycle to full size) to be used for our NEW Saturday Fun Day so youth, children and volunteers can learn the fun and healthy sport of biking. Our location serves a perfect opportunity to explore the Chattanooga Riverwalk.

### **Tickets**

Serve by donating admission passes to local attractions like the Aquarium, Ruby Falls, Rock City, Incline Railroad, Discovery Museum, Hunter Museum and Lake Winnie. Ticket donations will be used during our NEW Saturday Fun Day where youth and children will explore fun and educational attractions locally.

### **Home Goods**

We request that all donations are new and meet a current and specific need. Items that are gently used are welcome but must be age, size and gender appropriate for our current needs. Please contact us directly if interested in serving our families with a clothing or household donation.

## **MEET OUR NEEDS**

The Oak Project is in need of practical donations to serve our operational needs. We are in need of items like toilet paper, paper towels, cleaning materials, coffee, bottled water and drinks once a month or once quarterly.

## **LOOKING FOR MORE**

If you are interested in serving and engaging at-risk families who need outreach and support, please contact us directly to learn more.

This is not an extensive list. Contact us with questions, ideas and comments.

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